

Full Sermon Transcript:
Control Our Anger & Words
June 21, 2025

Disclaimer: This transcript is computer-generated and may have mistakes or inaccuracies. Though for the most part, the software does a really good job.

Sermon Outline:

We know that not all anger is evil, but rather that there is also righteous anger.
We know that Jesus got very angry, uncontrollable anger, rightfully so, and will do so again.
There's time for everything under the sun.

But there must be the correct balance. In life in general, we are to control our anger, even as Jesus does in general.

Ecclesiastes 3:1-8 Time for everything.

Ecclesiastes 7:9

Ecclesiastes 9:1-10 Be happy. Enjoy life.

Psalm 37:1-18

:1, 7, 8 FRET NOT = DON'T BE JEALOUS

:7 SUPPLICATE HIM = PASSIONATELY ASK HIM

:7 remove "yourself"

Proverbs 14:29

Proverbs 15 (Entire chapter) Several topics.

Proverbs 16:32

Romans 8:6 Mind on the flesh = death. Mind on the Spirit = Peace.

Colossians 3:1-16

Galatians 5:19-26

Ephesians 4:26-27 Get angry when it's the right time to do so, but don't sin.

Philippians 4:7 Peace of mind because of correct focus on the good things, Christ.

Confirmations:

1. Yesterday, confirmed by Trump saying that people got to be careful about what they say, and people can get into a lot of trouble with their mouth.

Although he himself is guilty of not controlling his mouth & anger, his words are still true, & still confirms the sermon.

2. Today's picture that I saw on Facebook. At the end of the day be happy. Life is too short to be stressed out. This was already exactly one of the points that Jesus had laid on my heart to say.

Full sermon transcript:

Let us go in prayer.

Lord, heavenly Father, in Jesus' name. Thank you, Father, for getting us through this week and almost through this whole month thus far.

And you're faithful to see us through the rest of the month and the rest of the year.

You'll see us through the storm, through the good times and through the bad times.

We put our minds and our focus on you. You'll see us through and you'll give us strength to endure.

Praise your holy name. Father, we do ask that you help me to give this message to your people, accurately, correctly, anointed.

Put your words in my mouth. Let me speak from your spirit and not from my flesh. Please touch the receiving. Please touch each person as they hear this message for it to edify the Church, for it to help people to draw closer to you more in your spirit, more in your will, more than ever before.

May your truth and your word and your spirit prevail. We claim the blood of Jesus Christ.

In the name of Jesus, we pray. Amen. You may be seated.

Ecclesiastes 3:1-8

TO ALL THINGS THERE IS A TIME, AND A SEASON FOR EVERY MATTER UNDER HEAVEN.

2 A TIME OF BIRTH, AND A TIME TO DIE; A TIME TO PLANT, AND A TIME TO PLUCK UP WHAT HAS BEEN PLANTED;

3 A TIME TO KILL, AND A TIME TO HEAL; A TIME TO PULL DOWN, AND A TIME TO BUILD UP;

4 A TIME TO CRY, AND A TIME TO LAUGH; A TIME TO MOURN/SORROW, AND A TIME TO DANCE;

5 A TIME TO THROW STONES, AND A TIME TO GATHER STONES TOGETHER; A TIME TO EMBRACE, AND A TIME TO ABSTAIN FROM EMBRACING;

6 A TIME TO SEEK, AND A TIME TO LOSE; A TIME TO KEEP, AND A TIME TO CAST AWAY;

7 A TIME TO TEAR, AND A TIME TO SEW; A TIME TO BE SILENT, AND A TIME TO SPEAK;

8 A TIME TO LOVE, AND A TIME TO HATE; A TIME OF WAR, AND A TIME OF PEACE.

(There was a problem with the transcript. But the pastor read the above verses and explained that although, as we have said many times before, although there's a time for harsh, sharp rebuke, hate, war, etc, that we also have the general rule of daily life of peace with people as much as it's possible and the need to be at peace in our hearts, mind and soul.)

...

Getting back here, so in Ecclesiastes, we see what it says here.

Let's look at chapter seven, verse nine. Be not quick in your spirit to be angry for anger will rest in the blossom or bosom of fools or in your breast or in your chest or in your intestines or in your torso or in your body.

That anger is going to be affecting your body, your soul, your mind, your spirit.

It's like a cancer. Anger, bitterness, things like this is like a cancer that will eat us up.

So there's a time to be angry, but on a general basis, day by day, we need to make for sure that we're focusing on the positive things like Philippians four tells us to do.

While we're not ignoring the realities of life, that there is war and death and sickness, but we have priorities and we have focuses that we must focus on while not ignoring everything.

It's a proper balance.

Look at chapter nine. We're going to read the first 10 verses of this chapter, Ecclesiastes chapter nine, verse one.

I saw that the righteous and the wise and their works are in the hand of Theos. Yes, there is no man that knows either code or love or hatred, though all are before their face.

Vanity is in all. There is one event to the righteous and to the wicked, to the good and to the bad, both to the pure and to the impure, both to him that sacrifices and to him that sacrifices not.

As is the good, so is the sinner. As is the swearer, even so is he that fears an oath that does not swear an oath.

Verse three. There is this in all that is done under the sun or this trouble. I'm not for sure what it should say right now because I'm not reading an updated version.

I've got to get the update here in this next month whenever it gets sent in here.

But there is this in all that's done under the sun or there is this trouble, whatever it says that's undone under the sun, that there is one event to all.

Yes, the heart of the sons of men is filled with evil and madness is in their heart during their life, and after that they go to the dead.

For who is he that has fellowship with all the living? There is hope of him, for a living dog is better than a dead lion. For the living know that they will die, but the dead know nothing, and there is no longer any reward to them for their memory is lost.

Also, their love and their hatred, their envy have now perished. Yes, there is no portion for them anymore until the end of turn, until the end of their death in all that is done under the sun.

Go and eat your bread with joy and drink your wine with a joyful heart. For now, Theos has favorably accepted your works.

You let your garments be always white, and let not oil be lacking on your head, and experience life with the wife whom you love all the days of the life of your vanity, which are given you under the sun.

For that is your portion in this life, and in your labor wherein you labor under the sun.

Whatsoever your hands shall find to do, do it with all of your strength, for there is no work, nor thoughts or reasoning, nor knowledge nor wisdom in the grave where you go.

So what this man is saying is we're all going to die, both the righteous and the wicked, and there is no heaven or hell in the grave where you are going to be asleep, and that is one event that all mankind is going to share in two things you cannot avoid in life, is taxes and death.

So while you are alive, enjoy life, is what he's saying. That's what he's saying, drink your wine, have your relationships, your love, and do things with passion, whatever you find to do, do it with all your strength, have a passion about life, and live life while you are alive. Amen.

There's two confirmations that came from Jesus about today's sermon, and one of those came yesterday and one came today.

The one confirmation that came today is this morning I saw on Facebook, within the first minute I think that I was scrolling down on Facebook, and usually it's the very first thing I see or something I see within the first few seconds or the first minute, and in this case it was like within the first minute, and it was an image of an old man with these words, and I'll put it up on the screen here because I didn't use the exact words on the sermon notes.

Try to find all my windows. It said, whatever you do in life, just make sure that at the end of the day you are happy.

Life is way too short for stress and unhappiness. Now we know that doesn't mean do whatever you want to do, sin and everything, but rather that the point and the principle in this context is at the end of the day make sure that you're happy rather than bitter, sad, depressed, angry, let not the sun go down on your anger.

The Bible says something like that. I think we might read it later today. I think that might be one of the verses. That life is too short for stress and unhappiness.

Now that was exactly one of the points that I had planned to address today, to speak, even before I saw that.

So when I saw that, it was confirmation. That was the exact point that was already in my mind, my heart, my soul to speak.

And then I see it. That's God. That's confirmation. It's not coincidence.

Look at the Book of Psalms, Psalm 37, we're going to read 18 verses here. We're going to make some corrections as well in the AOB Bible.

And the corrections that we're going to make in this particular chapter, Brother John and Robert, they don't have to send me these corrections because I already made them, if it's in this chapter.

Psalm 37, verse 1. Now where it says fret not, I was looking at the Greek word. Of course, I know what fret not means,

but I was wanting to translate it to where people have other languages, learning English, that they could understand it better.

So I was examining the Greek word, and I was surprised. Actually, it should not say fret not, but rather, don't be jealous.

So we mark out fret not in verse 1. Also, we find that same phrase in verse 7 and in verse 8 that you can cross out in those verses, verse 7 and verse 8, and each time replace it with don't be jealous.

You can just put it once. Don't be jealous. And that's how that Greek word is translated throughout Scripture. So that's definitely how it should be translated.

So don't be jealous, and you can mark out the word yourself in verse 1. Don't be jealous because of evil-doers, neither be envious of them that do sin.

For they shall soon be wilted as the grass, and shall soon fall away as the green herbs.

In other words, they're going to perish in the lake of fire. They're not going to be here.

But not even, but not only at the lake of fire will they perish, but even a lot of them during the Great Tribulation. Amen.

And even before the Great Tribulation, the judgment of God is upon many people. Amen.

They're not going to be here forever. They're going to receive the judgment of God. We've got to remember that when we're persecuted, when people hate us because we know the truth and speak the truth, we've got to remember that the people that work against God and His people, those enemies of God, they're not going to be around much longer anyway.

God will not be mocked. He will repay. Amen. Vengeance is the Lord's. He will repay with His own revenge. Amen.

We've got to remember that. And that is one of the secrets to maintaining peace in your life, even though we're going to get angry at the sinners, at the lies of Babylon, at false creatures, false churches, false Christians, and many other things in life.

We're going to get angry. That's just natural. But one of the secrets to maintaining a peaceful mind, a peaceful heart when you lay down at night is knowing that God is in control and that vengeance is the Lord's.

He's going to take care of it. The enemy is not always going to be here. Amen. Verse three, hope in Jesus and do good and dwell on the land and you should be fed with the wealth of it.

Delight yourself in Jesus and He should grant you the request of your heart. Disclose your way to Jesus and hope in Him and He should bring it to pass. Amen.

So notice the contrast between verse one about focusing on the evil doers and the rest of those verses I just read about focusing with your hope on Jesus, your mind on Jesus. Amen.

Verse six, and He should bring forth your righteousness as the light and your judgment or your justice as the noonday.

Verse seven, submit yourselves to Jesus and supplicate Him and fret not. We've already crossed out fret not.

Now we're also going to cross out, supplicate Him. And we're going to translate that where people can understand it.

And the Greek word means passionately ask Him, passionately ask Him, passionately, not just, not just to ask Him or pray, but to passionately do so, to pray with passion, to ask and request things of Him with passion. Amen.

Submit yourselves to Jesus and passionately ask Him and you can remove the word yourself there as well.

In verse one and in verse seven, because of Him that prospers in His way at the man that, at the man that does unlawful works, says fret not yourselves.

So we put there fret not yourself. Don't be jealous. Right. So don't be jealous because of Him that prospers in the way at the man that does the sin.

So don't be envious that the sinners drive fancy cars, live in rich mansions, have more money to spend.

They can afford the luxuries of life. Don't worry about it. Guess what? Matthew six.

Don't heap upon this earth the treasures because those things will rust. Those things will be stowed and those things will burn like the grass in the fire.

Those things they're enjoying will not be forever. Whereas we're going to have eternal life and enjoy paradise and the galaxies forever without him.

Verse eight, ease from anger and forsake the wrath.

Notice how verse eight does not say never get angry, never have wrath, but rather it says to ease up from it, to forsake it, to let it go.

There's a time to get angry, but then there's a time to let that anger subside and refocus your mind on the hope of Jesus. Amen.

Don't be jealous as to do evil. Don't be jealous of the evildoers. Verse eight, for the evildoers will be destroyed, but

they that wait on Jesus, they should inherit the land or the earth.

That Greek word there can be translated as earth or land. And we know that in Matthew five, it says earth.

So I do want the brothers because I did not make this correction. So I do want the brothers to see me that particular one land equals earth because I didn't notice that until right now.

Verse ten, and yet a little while and the sinner shall not be and you should seek for his place and should not find it.

But the meek shall inherit the earth. That time we got it translated right. The meek, the gentiles who inherit the earth and shall do shall delight themselves in the abundance of peace.

Notice this again, shall delight themselves in the abundance, the abundance, great magnitude, great measurement of peace.

The sinner will watch for the righteous and gnash his teeth upon him. But Jesus shall laugh at him for he perceives that his day will come.

Sinners have drawn their swords. They have bent their bow to cast down the poor and needy one and to slay the upright in heart.

Let their sword enter into their own heart and their bows be broken. That reminds me of how Purim was intended against God's people.

But the punishment and the death came to the Persians instead. Verse sixteen, a little is better to the righteous man than the abundant wealth of sinners.

For the arms of sinners shall be broken. But Jesus supports the righteous. Jesus knows the ways of the perfect and their inheritance shall be forever. Our inheritance will be in greater measure than all of the wealth of modern society. Amen.

Let's go to Proverbs fourteen, verse twenty-nine. A man, slow to wrath, slow to anger, abounds in wisdom.

But a man of impatient spirit is very foolish. Amen. And again it doesn't say never get angry, but rather that wisdom is a person that is slow to get angry.

That is not quick tempered. Although there's a time to be quick tempered as Jesus was in the temple.

But in general in life we are to be slow to angry. Look at Proverbs fifteen now. Now we're going to read this entire chapter of Proverbs fifteen. There's several different topics in this chapter.

Since we're reading the entire chapter, lots of different topics in this chapter.

Part of them is very relevant to today's message. And some of it is relevant to the social media posts that I've made over the past week.

Verse one. Anger slays even wise men, yet a submissive answer turns away wrath, but a grievous word stirs up anger.

The tongue of the wise knows what is good, but the mouth of the foolish tells out evil things or bad things.

The eyes of Jesus behold both the evil and the good in every place. The wholesome tongue is a tree of life, and he that keeps it should be filled with understanding.

A fool scorns his father's instruction. And that's also true about wisdom and instruction and advice from the elders as well.

Other elders other than just your physical father. But he that keeps his commandments is more prudent.

In abounding righteousness is great strength, but the ungodly should utterly perish from the earth.

In the houses of the righteous is much strength, but the fruits of the ungodly shall perish.

The lips of the wise are bound by discretion, but the hearts of the foolish are not saved.

The sacrifices of the ungodly are abomination to Jesus. That would include Easter and Christmas, St.

Valentine's Day, St. Patrick's Day, Ash Wednesday. And Sunday worship. Those sacrifices of the ungodly are abomination to Jesus.

But the prayers of them that walk honestly are acceptable with him. The ways of the ungodly man are abomination to Jesus, but he loves those that follow after righteousness.

The instruction of the simple is known by them that pass by, but they that hate reprove or correction, they die disgracefully.

The grave and destruction are manifest to Jesus. How shall not also the hearts of men?

In other words, God sees everything. He sees the grave. He sees destruction. He sees death and life.

He sees everything on earth. Nothing escapes his attention, including the hearts of men.

Verse 12. An uninstructed person will not love those that correct him, neither will he associate with the wise.

So I want to make it easier for people, so I do need the brothers to send me these.

I do want to make it easier for people to understand. Verse 12, reprove, change it to correct.

And verse 10, reprove, is corrections. Verse 12, correct. Verse 10, corrections. Verse 13.

When the heart rejoices, the countenance is cheerful. The countenance for people that have difficulty with English means your appearance.

When the heart rejoices, your appearance is cheerful. You have a smile on your face.

But when it is in sorrow, the appearance is sad. Let's change those to appearance, make it easier for people, because we do have people internationally, worldwide, so the brothers can send me that as well.

Verse 14, an upright heart seeks discretion, but the mouth of the uninstructed will experience calamities.

The eyes of the wicked are always looking for evil things, but the good are always quiet.

When it says always quiet, that doesn't mean that good people should always keep their mouth shut at all times.

We know that John the Baptist, he publicly rebuked the government official for their sins. Amen.

We know that the Apostle Paul named people that was wicked, people that were working against him, people that were working against the truth, that he actually named people to beware of them.

So what it really means then is that we need to be careful with what we choose to speak.

Then in the next verse 16, better is a small portion with the fear of Jesus than great treasures without the fear of Jesus.

Verse 17, better is an entertainment of herbs with friendliness and kindness than a feast of calves with the enemy.

Or with enmity, we need to change that one as well. And we'll look up the Greek word, we'll put something else there, so I'm going to put a question mark next to it for right now.

So you can send me that with a question mark of what Greek word, what word to translate it to.

Verse 18, a passionate man stirs up strife. But he that is slow to anger appeases even a rising one.

A man slow to anger will extinguish arguments, but an ungodly man rather stirs them up.

So there are some people that by their nature just stirs up arguments. There's a verse in the New Testament, I think it's in Timothy, that warns us about getting involved in useless vain arguments.

Not that we should avoid all arguments because there are some things we're fighting for, amen, but that we have to be careful to pick our battles wisely and not be tricked by the enemy into a useless silly argument over stupid things that a lot of people want to pick at.

And there are some people by nature that just want to pick and pick and pick. Amen.

Verse 19, the ways of sluggards, lazy people, are strewn with thorns, but those of the diligent are made smooth.

And let's just change strewn to a question mark. We'll choose a better word later on.

Verse 20, a wise son gladdens his father, but a foolish son sneers at his mother.

The ways of a foolish man are void of sense, but a wise man proceeds on his way aright.

They that honor not counsels put off deliberation, but counsel abides in the hearts of counselors.

What that verse means is that there's a lot of people that just want to do everything their own way, and they do not like to have the advice of other people.

There are some people of that nature that don't want anyone's advice. Their motto, their thinking is it's my life, I do it my way, I don't care what nobody thinks or says, and they won't take anyone's advice.

But to be wise is to listen to older people, people with experience, people that's been there and done it, and to take their advice is wisdom. Amen.

Verse 23, a bad man will by no means attend to counsel or advice. Neither will he say anything seasonable or good for the common will. Gotta change that to the common good.

Change that to the common good. Verse 24, the thoughts of the wise are ways of life that he may turn aside and escape from the grave.

Jesus pulls down the houses of scorners, but he establishes the border of the widow.

An unrighteous thought is abomination to Jesus, but the sins of the pure are held in honor.

A receiver of bribes destroys himself, but he that hates the receiving of bribes is saved.

By alms and by fateful dealings, sins are commenced away that by the fear of Jesus everyone departs from evil.

The parts of the righteous meditate faithfulness, thinks upon, focuses upon the faithfulness, but the mouth of the ungodly answers evil things.

The ways of righteous men are acceptable with Jesus, and through him even enemies become friends.

Now notice that we meditate there means to focus upon, not just to think about in a very quick passing way, but to focus upon that faithfulness.

The heart of the righteous meditate, meaning actually focus upon the faithfulness of God.

Verse 29, Theos is far from the ungodly, but he hearkens to or listens to the prayers of the righteous.

Better are small receipts with righteousness than abundant fruits with unrighteousness.

The small receipts mean that means what you are receiving in life, what's incoming to you.

Your income, what people give you, what you receive in life, your rewards, anything that's coming into your life is in small measure with righteousness is much better than you receiving a lot of things in life through wickedness. Amen.

Look at Proverbs 16, verse 32. A man slow to anger is better than a strong one, and he that governs your temper or controls your temper is better than he that takes a city.

Sometimes it's necessary to invade and take over and conquer a city or a nation, but more important than being able to conquer a nation is to be able to conquer your own temper and your own mouth, your own thoughts, your own heart, and your own flesh.

To conquer a city or a nation is one thing, but to conquer yourself is the greater victory. Amen.

Because many times we are our worst enemy. Amen. Many times we are our worst enemy, so to conquer ourselves is the greater victory. Amen.

Let's go to Romans chapter 8. Romans chapter 8. Romans chapter 8. Conquering our self goes right along with that.

Crucifying ourselves, carrying our cross, our death state, and that is something that is very difficult to accomplish.

It really is. That's why we need the Day of Atonement every year, that Day of Fasting, and why we need Passover every year, and that communion, and that self-examination that leads up to both of those holy days, and repenting daily, and strong teaching, strong preaching, and a strong preachers, and a strong administration of the Church, because conquering the self is difficult, a lifetime journey, and you need to be coached on it, you need to be encouraged to do so to conquer yourself, reminded to do so. Amen.

Verse 8, verse 6, for the mind set on the flesh is death, but the mind set on the Spirit is life and peace. Amen.

Verse 7, because the mind set on the flesh is hostile toward God, nor does it subject itself to the law of God, for it is not even able to do so.

For those who are, who your mind set on the flesh cannot please God. That's part of crucifying yourself, is getting your mind off your problems, your worries, your anxieties, and putting your mind on the positive things Philippians 4, the things that are praiseworthy, the faithfulness of God, the goodness of God, the power of God, the kingdom of God.

Amen.

If our mind is set always too often, too much, too much of a focus on the sins of Babylon, or the sins of people, or the sins of our family, our friends, and so forth, although we can't completely ignore that that's the reality, but if we focus on those things too much, it interferes with our peace of mind.

It's important to have peace of mind, to be able to lay down at the end of the day, and be able to sleep without anger, without bitterness, without depression, without anxiety, to be able to sleep well, which is extremely important for your health and your mind. Amen.

But also you want the peace of God to rule in your hearts. Amen. You want the peace of God to rule in your mind, in your heart, and in your life. Amen.

Priorities and proper balance. Colossians chapter 3 now, Colossians 3. A mind that is set on problems too much too often is a person that will live a shorter life and have more health problems.

Colossians 3, we're going to read 16 verses. Colossians 3 verse 1, page 763. Therefore you have been raised up with Christ. Keep seeking the things above where Christ is seated at the right hand of Theos.

Set your mind on the things above, not on the things that are on earth. That doesn't mean that we should not get involved in politics, our community, have a job, have responsibilities, have hobbies, but rather that there's a certain amount of time of the day that your mind needs to come back to God as you pray as you drive, as you pray as you exercise, as you pray as you walk, as you pray as you hike, as you witness to people, as you evangelize, as you share the ministry links, as you share the ministry means, and the ministry videos, and the ministry songs, as you distribute the ministry flyers and gospel tracts.

These things bring your mind back upon God many times throughout the day. Amen. Set your mind on things above.

Verse 3 now, And you have died, and your life is hidden with Christ in God, in Theos.

When Christ, who is our life, is revealed or manifested, then you also will be revealed or manifested with Him in glory. That really should be manifested in both cases there in that verse instead of revealed.

Change those, please, brothers, to manifest it. Verse 5, Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry.

For it is because of these things that the wrath, the anger of Theos will come upon the sun, and the earth, and the earth, and the earth, and the earth, and the earth, the anger of Theos will come upon the sons of disobedience.

And in them you also once walked in those things, in those sins, when you were living in them.

But now you also put them all aside, anger, wrath, malice, slander, and abuse of speech from your mouth.

Again, as I keep saying over and over and over, there is a time for everything. There's a time to hate, a time for war, a time to kill, a time for harsh rebuke.

But in general, on a daily basis in life, we should abstain from abusive speech, anger, and wrath.

In general, on a daily basis. Verse 9, Do not lie to one another since you laid aside the old self with its ways, and have put on the new self, which is being renewed to a true knowledge according to the image of the one who created him, in which there is no Greek or Judean, circumcised and uncircumcised, barbarian, Scythian, slave and free man, that Christ is all and in all.

Now, the context really of that is that every one of every race of every nationality is able to come to true salvation, be part of the body of Christ, be crucified and renewed, changed into a new creation.

That is what the context is. We should never use that verse, like people try to, to say that the nationalities and tribes don't exist in the New Covenant time.

They do exist. The names of the tribes of Israel will always be written in paradise, and the 144,000 are going to be sealed according to their tribes.

So, the tribal heritage is still important to God in the New Covenant timeframe and in our modern time.

But as far as salvation and being able to crucify yourself and be part of the tree of life, be united with Christ, to be part of his body, part of his church, is, doesn't matter what nationality that you're part of.

Verse 12, So as those that have been chosen of Theos, holy and beloved, put on a heart of compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving each other, whoever has a complaint against anyone, just as the Lord forgave you, so also should you.

That doesn't mean that you should forgive unrepentant people and people that have left this ministry, or if I have pushed you away from this ministry, but you have not come back, you have not apologized, you have not confessed, you have not repented, then how can I forgive you if you have not repented, if you have not confessed, amen?

According to, I think it's Luke 17, or is it Luke 7, whatever it might be, amen? Even Jesus does not forgive people until they confess and repent, amen.

But in general in life, we should be forgiving people, but not forgiving everybody and everything without exception, because that would be just stupid, amen?

But in life, forgiving people in general. Verse 14, Beyond all these things, put on love, which is the perfect bond of unity, and let the peace of Christ rule in your hearts.

Notice that word rule. We need to examine ourselves about what is ruling in our minds, in our hearts, in our souls. Is it peace? Is it bitterness? Is it anger? Is it Christ? Or is it, or are we our worst enemy? Amen? Are we destroying ourselves with anger, with bitterness, amen? Do we need to re-causal to God?

Do we need to re-causal to the Spirit of God? Do we need to re-causal to the Church, to the administration of the Church, amen?

God's will is for everyone that has sin to return to Him, amen? The opportunity is there, amen?

But let the peace of Christ rule in your hearts, to which indeed you were called in one body, and be thankful.

We were not called to be two bodies, three bodies and four bodies, and be a divided Church.

We're called to be one family, one Lord, one faith, one baptism, one body, amen? There should not be any division, any disunity, any chaos in the Body of Christ.

There's no room for it, amen? And be thankful. Verse 16, let the Word of Christ richly dwell within you, and with all wisdom, teaching and admonishing one another with songs, hymns, and spiritual songs, singing with thankfulness in your hearts to Theos.

Singing these songs, worship songs that we have created, 59 brand new worship songs that we created, that did not come from Babylon, that were not sold by Babylon, that have not been merchandised for millions and millions and millions of dollars and sung by hypocrites that are worshiping three-headed gods.

Singing these new songs, made by the true Church for the true Church, is key and is a tool, an instrument, to help bring joy and peace into your life.

And the more that we listen to true worship music, the more peace that we can have.

A lot of those songs are really comforting and encouraging. Amen. Oh, I forgot that Tom Adams, he sent me a poem on Parrhesia, so I'm going to have to pull that up here in a few minutes.

I'm going to write that down. Okay, so I got that written down, if I don't forget it.

And let's go to Galatians 5, verse 19.

Let's see, we're going to read from there through the end of the chapter, verse 19.

...of which I've forewarned you, just as I have forewarned you, that those who habitually do such things will not inherit the kingdom of Theos.

But the fruit of the spirit is love, joy, peace, patience. Notice how I'm reading this slowly, because if you read it too fast, then you're not thinking.

When you read it slowly, you're thinking, you're meditating, you put extra thought on each word.

And when you do that, it soaks in like a plant. That the water of the Word of God will slowly seek into your mind, into your soul.

Some plants should not be watered with a jet stream that just tears up the ground or tears up the plant and tears the leaves.

But you want to water it with a shire that is more slowly, more slowly soaked in.

So the fruit of the Spirit, that is what should result. The fruit means the result of God's Spirit working in your life, is it should be producing more love this season than what grew last season.

If we're growing in the measure of the Holy Ghost as we should be, then we should be growing in the measurement over time.

As we get older in Christ, we should be growing at a greater measure of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.

Against such things there is no law. Now those who belong to Christ Jesus have impelled to the flesh with its passions and desires.

What particular passions of the flesh and desires of the flesh that it's talking about is listed.

It lists, it tells you what it's talking about. An overabundance of alcohol, an overabundance of anger, divisions in the church, witchcraft, idolatry, amen.

Those are the desires that are forbidden, that are against God's law and against His Spirit and are in competition against His Spirit. Amen.

Verse 25, if we live by the Spirit, let us also walk by the Spirit. Let us not become boastful, challenging one another, envying one another. But rather, if you think that you're saved or you think that you're in that process of being saved, then we should be one family getting along with one another. Amen.

We should be able to get along. Amen. But there's a time for correction, even as we did read, either in Songs or Proverbs or both, that a wise person should be able to take correction and advice and counsel from the older people, people of more experience, people with more wisdom or people with more of the Holy Ghost. Amen.

And able to humble ourselves, crucify ourselves, and be able to take that correction and that counsel and that advice from the church administration. Amen.

Let's look at Ephesians chapter 4, verse 26. Be angry, yet do not sin. Do not let the sun go down on your anger. There's the verse that I was hoping that we would repeat in the sermon, and we are.

There it is. Notice it doesn't say never get angry as the false Christian church teaches, but rather be angry, but don't sin. It is possible to get angry with righteous anger at the right time, at the right thing, and not sin.

But it also warns us to not let the sun go down while we're still angry. In other words, to resolve it by the time that it's bedtime, to make peace with God, to make peace with ourselves, to have our repentance taken care of, and have our mind back into the correct focus and our correct priorities.

And finally, the last verse, Philippians 4, verse 7.

Then the peace of Theos, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Amen.

That's very important. That's extremely important to have that peace of God that surpasses all understanding, that surpasses all comprehension.

That's a great, giant magnitude measurement of peace that is available as a resource for us to tap into, if we will.

And it will guard our heart and it will guard our mind in Christ Jesus. And it is available day and night. Amen.

I would encourage every one of us to take advantage of that resource through songs, through reading the Scriptures, through taking time with the Lord, through setting our priorities correct, and self-control, and self-discipline, and to grow in all these things.

When we're younger, by nature we're going to be weaker in all of these things. When we're younger and we have more

hormones, all of us, both men and women, when we're younger we have more of our fleshly hormones that are raging, that's hard to control, honestly and truly, that is the reality.

The hormones play a very big factor. But it's not impossible to control our fleshly, natural hormones and passions that flares up, some of it is even DNA, genetics, certain races, and even outside of nationalities certain families, by nature, have more mental health problems, more problems of anger, more problems with certain sins that do run in families. That's the truth and that's the reality. But we can, over time, learn how to control the flesh, and it can be a struggle when it's part of our DNA, our genetics, and our family breakdown.

But we can improve over time with effort, with the help of the Holy Ghost. It is a lifetime journey for all of us. Amen. Praise Jesus.

Now the other confirmation, I told you about the picture on Facebook today, the other confirmation, the first confirmation was from yesterday.

When I saw, it may have been Twitter, wherever it might have been, that I saw that Trump said that people have got to be careful about what they say and people can get into a lot of trouble with their mouth.

Although he himself, Trump, is guilty of not controlling his mouth and not controlling his own anger, nevertheless, his words, when he spoke those words, is true and accurate, regardless of whether he's able to control his own anger and his own words is beside the point.

When he said that, I knew it was confirmation of the sermon. There's a right time for hate and rebuke and bitterness and unforgiveness.

There is a right time for forgiveness. There is a right time for everything under the sun, except for sin, of course.

But the other side of that is there's a right time for peace, for joy, for happiness, and we have to have that greater balance, that greater measure of those positive things. Amen.

Thank you for listening to the sermon today.

I praise Jesus that I was able to stand and deliver this sermon to you today and able to speak, continue to improve.

So I praise Jesus that I'm not in the hospital, that I'm not in prison, that I'm not in jail, that I'm not in a wheelchair, that I'm not bed bound.

I praise Jesus that I feel better this month than what I did last month. Amen. A lot better this month than what I did last month. Amen.

Praise God.

Thursday will be new moon, June 26th, so don't forget that.

And I'll let you go and I'll see you on Thursday. Thank you very much and God bless.

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