

## The Weekly 7th Day of Rest & Assembly

Remember to Pray before you begin this Bible Study.

Read Genesis 2:1-3

Read Isa. 40:28 in King James Version & the New American Standard Bible

**Question#1:** Does GOD get tired? Circle One: Yes or No

**Q2:** GOD rested on the 7th Day. But did GOD need to rest from physical exhaustion? Yes or No

Read the entire chapter of Exodus 12.

Notice that in Exodus 12, the Passover was started by GOD before the Old Covenant at Mt. Sinai.

Read Exodus 16:4-29

Notice that in Exodus 16, the weekly 7th Day of Rest & Assembly existed before the Old Covenant at Mt. Sinai.

Two Laws:

**Q3.** Exodus 31:18 Who wrote the 2 tables of stone (10 Commandments)? \_

**Q4.** Deuteronomy 31:9 Who wrote this law? (old covenant) \_\_\_\_\_

**Read** Deuteronomy 4:36; 5:22

**Q5.** Who spoke the 10 Commandments to all the assembly? \_\_\_\_\_

Again, Who wrote them? \_\_\_\_\_

Moses was not the mediator of the 10 Commandments, GOD spoke them directly to the people. But Moses was the mediator of the sacrificial laws of the old covenant. GOD gave them to Moses to deliver to the people. Moses acted as the mediator between GOD and man with the old ritual and ceremonial laws including the unclean meats and circumcision.

Deuteronomy 4:13-14

Notice GOD "**commanded you** to perform, even ten commandments" AND

"the Lord **commanded me** at that time to teach you statutes and judgments".

Notice again in 2 Kings 21:8 "I commanded them" and "Moses commanded them".

Daniel 9:11 "thy law" and "the law of Moses"

Notice within the 10 Commandments, in Exo. 20:6, GOD calls the 10 Commandments "MY commandments".

In Exodus 25:16, where did GOD command Moses to place the Testimony/Ten Commandments that GOD would give? Circle One: in the SIDE of the Ark or INTO the Ark

In Deuteronomy 31:24-26, where was the Law of Moses placed?  
in the Side of the Ark or INTO the Ark

Does GOD still expect us to sacrifice animals today? Hebrews 10:8-12 Yes or NO

Does GOD still expect us to not kill, not steal, not commit adultery? Yes or NO

James 2:10-11 If you break one commandment, do you break them all? Yes or NO

Is there such a thing as sin currently right now in our modern era? Yes or NO

1 John 3:4 What is sin? (4 words) \_\_\_\_\_

If no law exists, then sin does not exist. If sin exists, then some law also still exists. Not the old covenant ritual ceremonial laws, but nevertheless, some law still exists.

Read Matthew 5:17-22

### **The Resurrection:**

Read Matthew 28:1-8

During what time of the day did the two Mary's come to the tomb?

Was Jesus there when they got there? Yes or No

Was Jesus ALREADY risen BEFORE the first day of the week according to Matt. 28:1? Yes or No

Read Mark 16:1-7

Considering both Matthew 28 and Mark 16, were the two Mary's at the tomb before and during sunrise? Yes or No

Did either 1 of the women witness the Resurrection of Jesus The Christ at sunrise? Yes or No

Was Jesus already gone into Galilee before sunrise? Yes or No

Many try to claim that Christ changed the weekly day of rest & assembly from the 7th Day to the 1st Day. Where in Scripture does it say "changed sabbath"? Look at [www.blueletterbible.com](http://www.blueletterbible.com) or [www.biblegateway.com](http://www.biblegateway.com) or use your E-Sword program or other bible study tool program to search the entire bible for both words "sabbath" and "changed" or "change" in the same verse or over multiple verses. Can anyone find any scripture stating in any way that the weekly 7th Day of Rest & Assembly (known as "Sabbath") was changed? Yes or No

## **Meeting on First Day of the Week:**

Acts 20:7, 1 Cor. 16:2 These are the only 2 places in the New Testament that specifically says that they met on the first day of the week after Christ's Resurrection.

Read these occurrences where they met on the 7th day (called "Sabbath") after the Resurrection:  
Acts 13:14, 42, 44 Acts 17:2 Acts 18:4

Read these occurrences where they met DAILY:  
Acts 2:46,47 Acts 3:2 Acts 5:42

-Did they meet only on the first day of the week after the Resurrection? Yes or No  
-Does Acts 20:7 or 1 Cor. 16:2 instruct all New Covenant Christians to rest or assembly on the 1st day of the week? Yes or No

## **Romans 14** Read Romans 14:1-12

Does it use the words "worship, assemble, assembly, holy convocation, festival, feast, holy day, rest day or sabbath" anywhere in Romans 14? Yes or No

Count the number of times that it says "food, eat, drink, wine, meat, clean, unclean"?

Very clearly, the context is FOOD and judging about whether someone fasts or not on certain days (such as when the Jews were fasting on the anniversary of when the Temple was destroyed). Romans 14 has NOTHING to do with whether there are days of commanded rest & assembly.

## **There remaineth therefore a Sabbath Observance to the People of GOD:**

Read all of Hebrews 3 to the end of Hebrews 4

Hebrew 4:4 speaks of the 7th Day Rest. Hebrews 4:6 compare Exodus 16:22-30

In Exo. 16:27, did some expect to gather manna on the 7th Day? Yes or No

Did they believe GOD & Moses that there would be none in the field on the 7th Day? Yes or No

By going out into the field to gather manna on the 7th Day, **were they refusing to rest** on the 7th Day as GOD had also rested on the 7th Day at Creation? Yes or No

In Hebrews 4:7, there is the word "Limited a certain day". What is the Greek word in this verse for "limited"? And what does it mean?

Hebrews 4:8 For if Jesus had given them rest, then would he not afterward have spoken of another day.

We know Jesus gave us spiritual rest, comfort, peace and joy. But in verse 8, it says that **if** He had given them rest, then wouldn't He have told them about ANOTHER DAY!

In other words, it is saying, that if Jesus had given them a different day of rest, He would have told them so, after the Resurrection.

Some people say this is referring to Joshua. But Joshua had nothing to do with "days".

The people DID experience a rest during Joshua's time. Joshua 1:13,15

Joshua 14:15 21:44 22:4 23:1

How could Joshua have spoken of a different day?

In Hebrews 4:9, There **remaineth therefore a rest** to the people of God.

Remaineth from what, from when?

What times are being compared? = When GOD rested, and then when people were in the wilderness and they were instructed to rest but did not do so because of unbelief, and then now.

Go back to Hebrews 4:4

What is the Greek word for "rest" in Hebrews 4:9? \_\_\_\_\_

What does *sabbatismos* mean? \_\_\_\_\_

Read Hebrews 4:9 in English Standard Version, New American Standard Version.

In many King James margins, it says "Keeping of a Sabbath".

Hebrews 4:10 HOW did GOD cease from His Works? \_\_\_\_\_

What "works" did GOD rest from? Circle One: Physical or Spiritual law keeping

Are we instructed to do as GOD did? Yes or No

Hebrews 4:11 compare Hebrews 4:2 James 2:14, 17

### **Colossians 2:14-17**

According to verse 14, what was nailed to the cross? Circle One:

A. Commandments of GOD B. handwriting of ordinances C. Sabbaths and Holy Days

In verse 15, does it say that these days are done away with OR that we should not let anyone judge us concerning meat, drink, or in respect of an holyday, or of the new moon, or of the sabbath days?

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